

TROOP 166 TRIP BULLETIN
PERMISSION AND MEDICAL RELEASE FORM:

Scout _____ has my permission to participate in the Iron Horse trail toughen up bike trip October 2nd, 2010 sponsored by Boy Scout Troop 166.

Contact phone number for any unexpected circumstance: _____
This phone contact must be available from departure at parking lot to return.

Parents' or Guardians' Names: _____

Home Address: _____

Home Phone: _____

Work Phone: _____

Health Insurance: _____

Policy Number: _____

Signature of Parent or Legal Guardian: _____

Date: _____

Scoutmaster: William Montgomery the third Phone: (206)523-0072
Assistant Scoutmaster: Mike Steckler Phone: (206) 909-9753

DESTINATION Saint Edwards State Park

DEPART Meet at Matthews Beach at 9am Saturday, October 2nd for equipment inspection. The troop will depart at 9:30am sharp. A map of the ride will be handed out.

LEADERSHIP ADULT: Mike Steckler(206-909-9753), Billiam Montgomery the third (523-0072)
SCOUT : Eric Clark(526-0395)

PROGRAM Cyclist's will meet at Matthews beach and will cycle north onto the burke Gilman trail and meet at Saint Edwards Park in Kenmore for a sack lunch. Cyclists will return to Matthews beach for pickup at 2pm
Cycling: Cyclists will be testing there skills while riding this weekend to prepare themselves for the campout for next weekend.

EQUIPMENT

- 🚲 Each scout must have a properly functioning bike.
- 🚲 This bike ride will last several hours, so bring plenty of water and some high energy snacks for the ride.
- 🚲 Each biker must have equipment to change out a flat tire (extra inner tube in addition to patch kit).
- 🚲 Bikers are required to bike in groups. NO scout is allowed to ride solo.

FOOD Bring a sack lunch

RETURN Troop will return at about 2pm

SIGN-UP Signed permission slips due to Mike Steckler (206-909-9753) on the day of the trip.