

2016 50 Mile Canoe Trip Plan for the Willamette River

(With Other Very Important Reminders & Packing List)

If anyone has questions you can contact me at jacob@vanderhyde.net

Sunday 21st:

- 8:00 AM Meet at Wedgewood Presbyterian Church south parking lot.
- Drive to Armitage Park, OR, with sack-lunch stop along the way.
- Buy first dinner at restaurant in Armitage Park area. (Scouts need \$25 for food on the way there and back, scouts may bring extra money to buy snacks along the way and/or bring snacks of their own.)
- Arrive at park and set up camp, have chapel service.

Monday 22nd: 15 Miles

- Wake up early to make breakfast, take down camp, unload canoes from trailer, pack canoes for trip, and get ready to leave. (Breakfast is the responsibility of each patrol. Patrols may bring larger stoves, pots, pans, ect. To make day 2 breakfast. Cooking equipment that is not needed on long term trip may be left behind in cars.)
- Get on the water and paddle to Blue Ruin Island (15 miles) stopping on river for lunch.
- Get to Blue Ruin Island and set up camp.
- Eat our first freeze dried meal!!!!

Tuesday 23rd: 19.5 Miles

- Wake up, make breakfast, breakdown camp, pack canoes, get ready to leave.
- Get on the water and paddle to Buckskin Mary Landing (19.5 Miles) stopping for along the river for lunch.
- Arrive at Buckskin Mary Landing and set up camp.
- Eat dinner and go to sleep.

Wednesday 24th: 20 Miles

- Wake up, make breakfast, breakdown camp, pack canoes, get ready to leave.

- Get on the water and paddle to Riverside Landing (20 miles) stopping for lunch on the river.
- Arrive at Riverside Landing and set up camp.
- Eat dinner and go to sleep.

Thursday 25th: 21 Miles

- Wake up, make breakfast, breakdown camp, pack canoes, get ready to leave.
- Get on the water and paddle to American Bottom (21 miles) stopping alongside the river for lunch.
- Arrive at American Bottom and set up camp.
- Make dinner and have a campfire, then go to bed.

Friday 26th: 24.5 Miles

- Wake up, make breakfast, breakdown camp, pack canoes, get ready to leave.
- Get on the water and paddle to Keizer Rapids Park (24.5 miles)
- Arrive at Keizer Rapids Park and set up camp. Total canoe mileage = 100 Miles!!!!
- Make dinner and go to bed.

Saturday 27th:

- Sleep in, leave tents where they are, have a relaxed morning.
- Take all gear out of canoes, clean canoes, bring canoes to trailer (after the adults have gotten back from Armitage Park with cars), load boats onto trailer and have them ready to go in the morning.
- Swim, take a day hike, play fun games, ect.
- Eat final dinner, have campfire, and go to sleep.

Sunday 28th:

- Wake up, pack all bags and tents BEFORE BREAKFAST, eat breakfast, pack cooking equipment, put all gear in cars.
- Participate in chapel service, load boys into cars and leave.
- Lunch will be bought on the way back.

Extra Information:

- Every Boy needs to bring a good, comfortable, usable paddle and PFD. Also, every canoe needs a bailer so boys make sure you have one of those.
- If anyone is worried about the distance of the trip remember the Willamette River is fast moving and will carry us along at a good pace.
- Bring extra toilet paper and have a small shovel per patrol just in case anyone has to use the bathroom when we are at a camp with no immediate bathroom access.
- Make sure the dry bag you have is waterproof and big enough for all the stuff you wish to bring.
- If you have any questions about tent assignments, cooking and cleaning, or the first mornings breakfast, talk to your assigned patrol leader. It is their job to handle this.

Trip Groups

Stephen's Group:

- Lucian Fox
- Ben Normann
- Bryce Spencer
- Riley Kapp
- Willie Berg

Eral's Group:

- Carson Kapp
- Felix Kinhead
- Eugino Pasos
- Dalton Bear
- Martin Bolivar

Sam L.'s Group:

- Jack Cloud
- Isacc Hazelhurst-Johnson
- Ethan Swalwell
- Ethan Long
- Ben Swallowell

- Adults:
- John Bolivar
- Larry Hazelhurst
- Brooke Fox
- Chris Lombard
- Edwin Godfrey
- Bill Montgomery
- Doug Baer
- Stephen Pasos
- Cliff Shettler
- David Swallowell
- Russell Normann
- Fred Berg

Packing List:

Footwear

- Really tough sandals or sneakers are essential.
- The bottom of the launching and landing areas are rock, barnacles, and SHARP oyster shells.
- NO FLIP FLOPS – the best type of shoe is a full lace up shoe that is designed to get wet and drain.

Essentials/Personal Survival

In a fanny pack or small dry bag (one per paddler)

1. Emergency blanket (warmth)
2. Emergency shelter (plastic tube tent or visqueen tarp)
3. Candle or fire starter (cotton balls & Vaseline)
4. Matches in waterproof container or butane lighters
5. Map of lakes (at least the brochure)
6. Compass
7. Knife/Swiss Army/Leatherman
8. Personal First Aid Kit

9. Extra clothing (emergency reserve)
10. Extra food/high energy snack food (emergency rations)
11. Sunglasses ,sunscreen, sun hat
12. Insect repellent
13. Flashlight, extra batteries & bulb

Paddling:

- Canoe (2 paddlers each) (no singles, no triples unless we have an odd number) (Troop provides canoe, paddlers provide the rest)
- Paddles, plus one spare paddle per boat
- Life jacket/PFD - one per person + 1 spare/canoe
- Two 50' 1/4" TO 3/8" diameter ropes for tying canoes, lashing, etc.
- 2 (ea) per canoe bailer and sponge
- Waterproof containers (dry bags) and rope to tie them into the boat.

Personal Camping: (We will be in TIGHT quarters, so tarps and tents will need to be packed in tight in designated camping areas)

- Rope or parachute cord (100' each)
- Sleeping bag good to 0°C (32°F), or warmer in shoulder seasons
- Sleeping pad - closed cell foam or "Therm-a-Rest" type
- Toilet paper
- Insect repellent

Group/Patrol Camping:

- BIG First aid kit – one per party (beyond the personal kit,talk to group leaders if you have questions)
- Shelter: 1st Choice: Tarp/heavy duty plastic sheet - for keeping rain off your gear
- Shelter: 2nd Choice: Tent - good quality with waterproof fly and mosquito netting
- Hand washing station

Personal Hygiene (NOT optional)

- Wash kit – bar of soap, small towel, toothbrush, toothpaste
- Contact lens solution, personal medications, etc.
- Hand sanitizer is ok, but there is nothing like washing hands frequently with soap and warm water
- This is a long trip, patrols will set up hand washing stations, and will heat water to wash pots and utensils with after each meal.

Cooking & Eating

- Ample food will be provided in the menu – so personal food is discouraged. A minimal amount of 'emergency' food should be include in the Essentials.
- Personal water bottles or Camelbacks
- Waterproof food containers – animal resistant – we use buckets we have collected over the years. Each Canoe will carry an allocation of buckets
- Menu and Food for Planned meals–We will plan & pre-pack each meal ahead of time.
- Garbage bags
- Spoon, fork, bowl, cup

Patrol Gear

- Pots - lightweight nesting style (per patrol) – large enough to boil water and prepare the largest meals – may need two large and two smaller – check the menu
- Portable stoves and fuel (per patrol)
- Water treatment system, e.g. filters, iodine, etc.

- Each patrol will carry at least one 5-6 gal jerry cans, plus 3-4 1 gallon apple juice containers for fresh water. There are days when we must carry fresh water because the campsites we are going to do not have water
- Scrubby for cleanup & soap (per patrol) (Patrols will be required to heat water for HOT water dishwashing at the end of all cooked meals)
- Sufficient cut-off milk jugs to set up a 3-jug hand washing station at each campsite, plus a bar of soap
- Patrols will plan for the patrols' sleeping arrangements and ensure that sufficient tarps/tents are provided

Clothing:

- Use **polyester** or wool **layers**
- Long pants, Shorts and Swimsuit (most time is spent in shorts or a swim suit)
- Windbreaker/Rain Gear: pants, jacket or poncho and hat
- Old sneakers that can get wet, or "all terrain" sandals with sides (see above)
- A fleece or 'fuzzy'
- A wool hat can be a lifesaver
- A broad brimmed sun hat (cheap straw hats work well) are a great idea
- T-shirts and underwear for about every other day
- 2-3 pr sox – that may never be worn
- camp shoes or slippers so you can get out of your sandals
- Jeans and other cotton items are not suitable.

Not essential but recommended:

- Camera
- Binoculars

Provided by the Troop – in the buckets:

- Menu of food and instructions for preparation
- Food divided by meals into labeled buckets by eating group – each meal with sufficient instructions to hydrate & prepare bulk items properly.
- Kitchen or 'Condiment' bucket(s) with printed menus, condiments, foil,
- Hygiene buckets with paper towels, TP, scrubbies, biodegradable dish soap, bar soap (for hand washing stations), other items determined by the Scout trip planning & leadership and Sponsor